



SFV MOM2MOM

Volunteer Guide 2012

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Table of Contents

Introduction	1
SFV M2M Organization	2
Standing Committees	3
❖ COMMUNITY OUTREACH	3
❖ FUNDRAISING	3
❖ MOM4MOM CARING COMMUNITY	3
❖ SPECIAL NEEDS	4
❖ SPORTS	4
❖ WEBSITE	4
Support Groups/Play Groups	5
❖ PLAY GROUP	5
❖ TWEENS	5
Social Event Committees	6
❖ BIRTH MONTH CLUB	6
❖ SPRING FLING	6
❖ MOTHER’S DAY GETAWAY	7
❖ JULY 4TH FIREWORKS OUTING	7
❖ ANNUAL RETREAT	7
❖ FALL FESTIVAL	8
❖ HOLIDAY HOUSE PARTY	8
❖ KWANZAA	8
❖ CHRISTMAS CAROLING	9
❖ NEW YEAR CELEBRATION	9
❖ BI-MONTHLY GAME NIGHT/DAY	9
❖ CAMPING TRIP	10
MONTHLY CHAPTER MEETING/POTLUCKS and EXHALE	11
❖ MONTHLY CHAPTER MEETING HOSTESS	11
❖ EXHALE HOSTESS	11

Introduction

SFV M2M LOVES VOLUNTEERS! Volunteers are an integral part of the success of our organization, selflessly lending their energy and talent to support worthwhile events and activities, providing needed services and raising funds for causes we care about. Our volunteers also have an opportunity to enhance their own skill development, meet other likeminded individuals, expand their networks, and have fun. Volunteer spirits are lifted by the joy that comes from serving others and from knowing that we are helping to lift our communities, our world...

"And in my own life, in my own small way, I've tried to give back to this country that has given me so much. That's why I left a job at a law firm for a career in public service, working to empower young people to volunteer in their communities. Because I believe that each of us--no matter what our age or background or walk of life--each of us has something to contribute to the life of this nation."

Michelle Obama

There are several types of activities and events in which M2M members participate. We hope you will find the time to serve on one or more of the committees described in this Volunteer Guide. The time commitments for these committees range from a few hours spread throughout the year to a more sustained effort over several months. Regardless of the type or extent of commitment you make, everyone's contributions benefit M2M and strengthen our M2M community.

Each November, our members receive a volunteer sign-up form listing all of the committees for the following year. We hope this Volunteer Guide will help you decide which committees/volunteer activities align with your schedule and interests. If you would like to volunteer but have time constraints, you are invited to sign up on an "As Needed" basis. The objective for each M2M member is to experience the rewards of being of service!

Getting involved is a great way to participate, support and strengthen our organization and to make a difference in our community, our world!

*"I don't know what your destiny will be, but one thing I know:
the only ones among you who will be really happy are those
who have sought and found how to serve."*

Albert Schweitzer

SFV M2M Organization

SFV M2M is a support group for stay-at-home AND working mothers of color who make devoting more time to their families and communities a priority.

Every member in good standing is a member of the SFV M2M Organization and functions as a volunteer and support network for our Organization, coordinating social, educational, community service and fundraising activities. (See *Membership Requirements* for more detailed information.)

The SFV M2M Organization is governed by an Executive Board, which is made up of the volunteer committee chairs. The chairs for each committee typically serve two-year terms and are expected to attend the monthly M2M Chapter Meetings & Potlucks.

If you are interested in chairing a committee for the upcoming year, please contact the SFV M2M President, **E.Monique Floyd** at: emfloyd411@aol.com

Standing Committees

Listed in alphabetical order:

❖ **COMMUNITY OUTREACH**

What Is It? SFV M2M gives back to the community by organizing drives for food, clothing and backpacks or toys during the year.

What's Involved? Volunteers collect items for the weeklong drives in February, July, October and November and also help distribute the collected items to charitable organizations.

Who Do I Contact? Contact the SFV M2M President, **E.Monique Floyd** at emfloyd411@aol.com.

❖ **FUNDRAISING**

What Is It? Volunteers focus on effective fundraising, understanding it is vital to the life and financial well-being of the SFV M2M organization.

What's Involved? Volunteers coordinate fundraisers to help raise the money needed to provide financial assistance for the production of events and community service initiatives that our organization is involved in. Funds are additionally raised to help pay for our office supplies.

Who Do I Contact? Contact the Fundraising Chairs: **Kathy Shirley** at kathrynshirley97@marshall.usc.edu, **Delores Whyte** at whytenholly@aol.com.

❖ **MOM4MOM CARING COMMUNITY**

What Is It? This committee provides a way for M2M families to help other M2M families in times of need, such as illness in the family or the arrival of a new baby.

What's Involved? As needs arise, volunteers are contacted to help coordinate carpools, meals, playdates, and other appropriate services.

Who Do I Contact? Contact the Mom4Mom Chair, **Angie Irons** at hitmaker4sony@yahoo.com.

❖ **SPECIAL NEEDS**

What Is It? This committee is a grassroots family support group headed by parents of children with special needs. The group provides valuable emotional support, peer support, time and knowledge sharing, laughter and opportunities to learn from each other.

What's Involved? Volunteers create a safe environment to provide support and seek information to empower parents to face the challenges of helping their children grow and thrive within their school and their community.

Who Do I Contact? Contact the Special Needs Committee Chairs, **Kim Montgomery** at perspectivez@sbcglobal.net or **Sylvia Brooks** at 2sylviabrooks22@gmail.com.

❖ **SPORTS**

What Is It? This committee provides a variety of athletic opportunities that our SFV M2M children can participate in.

What's Involved? Volunteers organize and post sports related activities to the board/calendar.

Who Do I Contact? Contact the Sports Chair, **Kathy Travis** at ktravis_1@yahoo.com.

❖ **WEBSITE**

What Is It? This group maintains the fabulous SFV M2M website, ensuring the availability and accessibility of valuable information for all members.
www.SFVM2M.org

What's Involved? Volunteers make sure that all information including photos, calendars and organization information is updated and remains current on the website.

Who Do I Contact? Contact the Website Chair, **Angie Irons** at hitmaker4sony@yahoo.com.

Support Groups/Play Groups

SFV M2M playgroups are instrumental in providing additional stimulation and socialization for our children while providing moms with a great place to get connected, to share ideas, fears and experiences, all in a laid back, casual environment. *“The friendships made through playgroups are often meaningful and long-lasting.”*

❖ PLAY GROUP

What Is It? SFV M2M playgroups provide age appropriate opportunities for M2M youngsters.

What’s Involved? Volunteers organize and post weekly playgroup locations to the board/calendar.

Who Do I Contact? Contact the Support Group/Playgroup Chair, **Angel Tanksley** at angeltanksley@gmail.com.

❖ TWEENS

What Is It? SFV M2Ms provides age appropriate “hang-out” opportunities for its preadolescents (9-14 year olds) and is regarded as a valuable resource for Tweens and parents of Tweens.

What’s Involved? Volunteers organize and post “hang-out” locations and “meet-up” details to the board. Younger and older siblings are welcome.

Who Do I Contact? Contact the SFV M2M President, **E.Monique Floyd** at emfloyd411@aol.com.

Social Event Committees

Listed by calendar year:

SFV M2M's know that navigating parenthood can be exhausting at the best of times and overwhelming at the worst of times, therefore it is important, even necessary, to have opportunities to shed the stresses of life and relax a bit. *"Furthermore, social events provide excellent opportunities for members to interact and get to know each other."* Experts have noted that participation in social events helps an organization run efficiently through the building of trust-based relationships and the building of teams where lasting social bonds are formed.

❖ BIRTH MONTH CLUB

What Is It? SFV M2M's enjoy celebrating one another! This club provides the opportunity to do just that each month with a joint birthday celebration outing for our moms.

What's Involved? Volunteers coordinate our "Birth Month Club" celebrating a *joint birthday outing* for all moms who are celebrating a birthday in the respective months!

Who Do I Contact? Contact the Birth Month Club Chair, **Sheree Thompson** at born2talk@livesublime.com.

❖ SPRING FLING

What Is It? It's a fun-filled afternoon where all M2M families reunite to celebrate Easter. This event will take place April 7th.

What's Involved? Volunteers organize our delicious food, help set up and clean up the location, and organize an egg/scavenger hunt or other activities.

Who Do I Contact? Contact the SFV M2M Vice Presidents, **Dahn Ballard** at diorizm@sbcglobal.net or **Lisa Ellis** at ellisblisa@yahoo.com.

❖ **MOTHER'S DAY GETAWAY**

What Is It? An opportunity for M2M moms to get away, relax and rejuvenate resulting in the best “you” to share upon return with your families. This event will take place May 4th – 6th in Las Vegas, NV.

What's Involved? Volunteers help organize a weekend getaway for our moms.

Who Do I Contact? Contact the SFV M2M President, **E.Monique Floyd** at emfloyd411@aol.com.

❖ **JULY 4TH FIREWORKS OUTING**

What Is It? Each 4th of July, M2M families gather at a designated park to celebrate Independence Day together and enjoy the fireworks show.

What's Involved? Volunteers choose locations and post the information on the board/calendar.

Who Do I Contact? Contact the July 4th Fireworks Outing Chair, **Rose Hutchinson** at purpleroseh23@yahoo.com.

❖ **ANNUAL RETREAT**

What Is It? This annual M2M event is one of the most festive and fun “Moms Only” three-day weekend. Attendees luxuriate in a themed atmosphere, enjoying fund-raising opportunities, games, raffles, music, activities and fabulous food. This event will take place October 12th-14th.

What's Involved? Volunteers are needed for many tasks, some big and some small. Chairs head up sub-committees such as food, decorations and activities. This is a great way to meet other M2M moms.

Who Do I Contact? Contact the Annual Retreat chair, **Sylvia Griffin** at 2sylviabrooks22@gmail.com.

❖ **FALL FESTIVAL**

What Is It? It's a fun-filled afternoon where M2M families reunite to celebrate Halloween. This event will take place October 20th.

What's Involved? Volunteers help to organize our delicious food, help with the set up and clean up and organize activities for our children.

Who Do I Contact? Contact the SFV M2M Vice Presidents, **Dahn Ballard** at diorizm@sbcglobal.net or **Lisa Ellis** at ellisblisa@yahoo.com.

❖ **HOLIDAY HOUSE PARTY**

What Is It? This annual December social event is one of our most famous M2M adult/couples only evenings. Fabulous food, raffle opportunities and festive music are provided in a holiday themed atmosphere. This event will take place December 15th.

What's Involved? Volunteers are needed for many tasks, some big and some small. Chairs head up sub-committees such as food, decorations and ticket sales. You don't want to miss this one!

Who Do I Contact? Contact the Holiday Party Chair, **Hope Farmby** at hcfarmby@hotmail.com.

❖ **KWANZAA**

What Is It? Kwanzaa is an African-American holiday celebrated for the week between December 26th and January 1st. During the month of December a M2M activity or event will be dedicated to each one of "The Seven Principles of Kwanzaa".

What's Involved? Volunteers organize, host and manage the seven different projects during this event.

Who Do I Contact? Contact the SFV M2M President, **E.Monique Floyd** at emfloyd411@aol.com.

❖ **CHRISTMAS CAROLING**

What Is It? One Saturday in December, M2M families brighten the Christmas holidays for elderly residents by caroling at designated elder care centers.

What's Involved? Volunteers are needed to select locations, organize and post to the board/calendar the locations, times and dates for the event.

Who Do I Contact? Contact the Christmas Caroling Director, **Kimberly Montgomery-Stuart** at perspectivez@sbcglobal.net.

❖ **NEW YEAR CELEBRATION**

What Is It? A New Year's Eve Party M2M family style. Crafts, games, music food and fun for the whole family! This event will take place December 31st.

What's Involved? Volunteers organize and post event to the board/calendar.

Who Do I Contact? Contact the New Year Celebration Chair, **Sylvia Griffin** at 2sylviabrooks22@gmail.com.

❖ **BI-MONTHLY GAME NIGHT/DAY**

What Is It? This is a bi-monthly social event featuring board games or card games for our M2M's. Game events have included cook-offs and raffles.

What's Involved? There are two ways to volunteer for Game Night/Day: be a Coordinator who organizes the games and posts to the board/calendar - or be one of the Volunteers who open their home to host a game night/day.

Who Do I Contact? Contact the SFV M2M President, **E.Monique Floyd** at emfloyd411@aol.com.

❖ **CAMPING TRIP**

What Is It? A group camping trip for our M2M families!

What's Involved? Volunteers manage a number of tasks, some big and some small – all important. Chairs head up sub-committees that oversee food, activities, and the talent show. Camp to Live, Live to Camp!

Who Do I Contact? Contact Camping Trip Chair, Kia Skrine at kskrine@aol.com.

MONTHLY CHAPTER MEETING/POTLUCKS and EXHALE

Every 2nd Sunday of each month SFV M2M holds a Chapter Meeting & Potluck to discuss, assess and outline what lies ahead in the coming months and what the governing body will focus on to ensure the continued success of our organization.

❖ MONTHLY CHAPTER MEETING HOSTESS

What Is It? A monthly meeting, with average participation of 15-20 members, including the Executive Board, discuss our organization's business and vision.

What's Involved? Volunteers open their homes to the group and provide the plates, utensils and cups for the potluck while other members provide the food and beverages. Meetings run from 5pm-10pm depending on the business at hand. A volunteer cleaning crew is provided.

Who Do I Contact? Contact the M2M Vice Presidents **Dahn Ballard**, diorizm@sbcglobal.net or **Lisa Ellis**, ellisblisa@yahoo.com.

❖ EXHALE HOSTESS

What Is It? Exhale is a much needed social support evening for M2M's where they can discuss not only their children, but also their marriages, families, careers and other interests in the comfort and safety of our group. "What happens at Exhale stays at Exhale"!

What's Involved? Volunteers open their homes to the group for an Exhale evening.

Who Do I Contact? Contact the Exhale Chair, **Haize Rosen** at witchhaizel@keyway.net.

"Everyone can be great because anyone can serve. You don't have to have a college degree to serve. You don't even have to make your subject and your verb agree to serve... You only need a heart full of grace. A soul generated by love."

Martin Luther King, Jr.
